

# State Team-Based Care Strategies for Medicaid-Eligible Women



For more information, please click the program titles and read [NASHP's State Medicaid Quality Measurement Activities for Women's Health](#).



Peer Navigators

## Patient-Centered Maternal Care Program

Goal: Improve perinatal health outcomes through peer navigation services.

Description: The Department of Health Care Finance awarded a competitive grant to support health care providers to initiate or enhance a peer navigation program designed to improve perinatal health services among high-risk expectant mothers in Wards 7 and 8 who receive Medicaid or are Medicaid-eligible. The grant was awarded to Mamatoto Village to expand its work utilizing perinatal peer navigation services with the goal of better connecting high-risk, expectant mothers to prenatal and postnatal care.

Why it's unique: Peer navigators actively coordinate with health care providers and other peer navigators and with community-based services to ensure that women's medical and social needs are being met.

Who are peer navigators? Navigators are health educators who have completed 40 hours of training or have at least six months of experience in community health.



Peer Recovery Coaches

## Integrated Care for High Risk Pregnant Women (ICHRP) Pilot Programs for Maternal Prenatal Opiate Use

Goal: Improve birth outcomes by promoting integrated care and enhanced services for high-risk pregnant women.

Description: ICHRP granted funds to five tribal organizations to improve outcomes of infants exposed to maternal opiate use by incorporating peer recovery coaches into their program model.

Why it's unique: Grantees leverage peer recovery coaches to identify at-risk mothers and reduce barriers, such as fear and stigma. These peer recovery coaches do so by providing outreach and engaging with pregnant women through harm reduction activities and interventions at tribal health clinics.

Who are peer recovery coaches? Peer recovery coaches are Native Americans with lived experiences in recovery and parenting who have received training and certification.



Community Teams

## Meadowlark Initiative

Goal: Improve prenatal and behavioral health outcomes to improve maternal and neonatal outcomes.

Description: The Montana Healthcare Foundation and Medicaid have developed a grant to support the creation of an integrated behavioral health team at prenatal practices throughout the state. This team works together through a care coordinator to provide integrated prenatal and behavioral health care and coordinated community-based supports.

Why it's unique: The initiative creates access to care coordination and behavioral health treatment within the prenatal care practice. Additionally, this initiative is a public-private partnership between the Montana Healthcare Foundation and Medicaid.

Who are on the teams? The clinical team is comprised of a prenatal care provider, care coordinator, and behavioral health provider. The community team is comprised of representatives from social services, home visiting programs, child protective services, public health departments, housing, and many other agencies.

**Acknowledgement:** Thank you to the officials in Washington, DC, Montana, and Minnesota for reviewing their respective highlighted strategies. This infographic is a publication of the National Academy for State Health Policy (NASHP). This project is supported by the Health Resources and Services Administration (HRSA) of the US Department of Health and Human Services HHS under the Supporting Maternal and Child Health Innovation in States Grant No. U1XMC31658; \$398,953. This information, content, and conclusions are those of the authors' and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS, or the US government.