



Appendix 11

Approach to harm reduction

If Injection Use, encourage safe injection practices and assure information about local needle exchange

Questions to prompt discussion around harm reduction and safe injection*:

- What is your water source? Do you cut your heroin with sterile water?
- Do you re-use needles?
- Do you lick your needles?
- Do you discard your cotton after every use?
- Do you inject with other people around?
- Do you do a tester shot to make sure a new batch isn't too strong? Do you know where to test your drugs for fentanyl?

HIV Pre-Exposure Prophylaxis: Did you consider HIV PrEP?

Naloxone: All patients with opioid use disorder or with any SUD and/ or >50 morphine equivalents/ day of prescription opioids should receive naloxone (ordered prior to discharge and provided at discharge or if patients' sign out against medical advice)

Factors that increase risk for overdose include:

- Prior overdose
- Use of illicit opioids
- High daily dose prescription opioid (>50MME)
- Concurrent use of sedatives/ benzodiazepines
- Recent period of abstinence
- Uses alone

*IMPACT often has peers lead this discussion in conjunction with medical provider to increase patient engagement and help train medical providers