



# 2018 Washington State Opioid Prescribing Requirements











## Guide for Pharmacists

### Pharmacy Related Highlights

- Engrossed Substitute House Bill 1427 passed in 2017, requiring opioid prescribing requirements be written in response to the statewide opioid crisis.
- The new requirements for advanced registered nurse practitioners, osteopathic physicians, osteopathic physician assistants, and podiatric physicians became effective November 1, 2018.
- The requirements for allopathic physician assistants and MDs became effective January 1, 2019. The new requirements for dentists become effective January 26, 2019
- The new opioid prescribing rules do not apply to treatment for cancer-related pain, inpatient hospital patients, procedural pre-medications, or palliative, hospice, or other end-of-life care.
- Health care practitioners must confirm or provide naloxone when prescribing opioids to a high risk patient or as clinically indicated (ARNP requirement for naloxone when 50 MED or above)
- Pharmacists with a Collaborative Drug Therapy Agreement for pain management prescriptions should consider the appropriate prescribing rules for their partnering practitioner.

# Washington State Board and Commission

Provider Requirements	Board of Osteopathic Medicine and Surgery	Dental Commission
<b>Acute Pain Prescribing Limits (0-6 weeks)</b>	 <p>Seven-day limit for acute non-operative and fourteen-day limit for acute perioperative unless clinically documented</p>	 <p>Seven-day limit for acute non-operative and acute perioperative pain unless clinically documented</p>
<b>Subacute Pain Prescribing Limits (6-12 weeks)</b>	 <p>Fourteen-day limit unless clinically documented</p>	 <p>Fourteen-day limit unless clinically documented</p>
<b>Chronic Pain Requirements (Applies to All Five)</b>	<ul style="list-style-type: none"> <li>• Mandatory consultation when prescribing over 120 MED</li> <li>• Complete a written agreement for treatment</li> <li>• Confirm or provide naloxone when prescribing opioids to a high risk patient or as clinically indicated (ARNP requirement for naloxone when 50 MED or above)</li> </ul>	
<b>PMP Requirements</b>	 <p>PMP check prior to every opioid or Benzodiazepine prescription</p>	 <p>PMP check prior to first refill or renewal for all acute pain and when transitioning to another pain phase</p>
<b>ICD Code, Diagnosis, or Indication for Use Included on Prescription</b>	 <p>Not required</p>	 <p>Diagnosis, indication, or ICD Code must be included on all opioid prescriptions</p>

# Opioid Prescribing Requirement Comparison

Medical Commission	Nursing Commission	Podiatric Medical Board
 <p>Seven-day limit for acute non-operative and fourteen-day limit for acute perioperative unless clinically documented</p>	 <p>Seven-day limit for acute non-operative and fourteen-day limit for acute perioperative unless clinically documented</p>	 <p>Seven-day limit for acute non-operative and fourteen-day limit for acute perioperative unless clinically documented</p>
 <p>Fourteen-day limit unless clinically documented</p>	 <p>Fourteen-day limit unless clinically documented</p>	 <p>Fourteen-day limit unless clinically documented</p>
<ul style="list-style-type: none"> <li>• Periodical review of the treatment plan and query the PMP: Quarterly for high-risk, semiannually for moderate-risk, and annually for low-risk patients</li> <li>• Mandatory co-prescribing provider requirements for prescribing opioids in combination with benzodiazepines, barbiturates, sedatives, Carisoprodol, and z-drugs</li> </ul>		
 <p>PMP check prior to first refill or renewal for all acute pain and when transitioning to another pain phase</p>	 <p>First prescription, or first refill or renewal for all acute pain if clinical exception documented and when transitioning to another pain phase</p>	 <p>PMP check prior to second refill or renewal for all acute pain and when transitioning to another pain phase</p>
 <p>Not required</p>	 <p>ICD Code or diagnosis must be included on all opioid prescriptions</p>	 <p>Not required</p>

# Frequently Asked Questions



## **Are patients being provided with education on opioid risk, safe storage, and proper disposal?**

Practitioners must provide patient education on the risks, safe and secure storage, and proper disposal of opioids upon the initial prescriptions and at each transition phase of treatment. This should also be a part of the pharmacist counseling when dispensing a prescription. Patient notification handouts are available for download on the DOH website.



## **What is the responsibility of a pharmacist if a patient comes in with a prescription that exceeds the prescribing limit?**

The practitioners may exceed the prescribing limits if they have documented the clinical necessity. This should be an exception rather than the norm. A pharmacist should use professional judgment to determine if further actions such as contacting the prescriber, checking the PMP or others are appropriate.



## **What is the responsibility of a pharmacist if suspicious that the provider did not check the PMP?**

Practitioners have a responsibility to follow the prescribing requirements in their rules around documentation, PMP checks, limits or others. However, pharmacists do have a corresponding responsibility for patient safety to use their professional judgment to determine what steps they should take to verify a prescription is for a legitimate medical purpose and legitimate patient.



## **Are partial fills of C-II prescriptions allowed with these new rules?**

Yes, if a patient or prescriber request a partial fill can be provided as long as any remaining amount if needed does not exceed the original quantity and is done within 30 days.

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## Resources

- 2018 Opioid Prescribing Rules  
[www.doh.wa.gov/opioidprescribing](http://www.doh.wa.gov/opioidprescribing)
- Department of Health resources on opioid prescribing, treatment and support, data, and other related resources  
[www.doh.wa.gov/opioids](http://www.doh.wa.gov/opioids)
- Who can prescribe and administer prescriptions? Department of Health website,  
[www.doh.wa.gov/LicensesPermitsandCertificates/ProfessionsNewReneworUpdate/PharmacyCommission](http://www.doh.wa.gov/LicensesPermitsandCertificates/ProfessionsNewReneworUpdate/PharmacyCommission)