

CREATING RECOVERY-READY COMMUNITIES

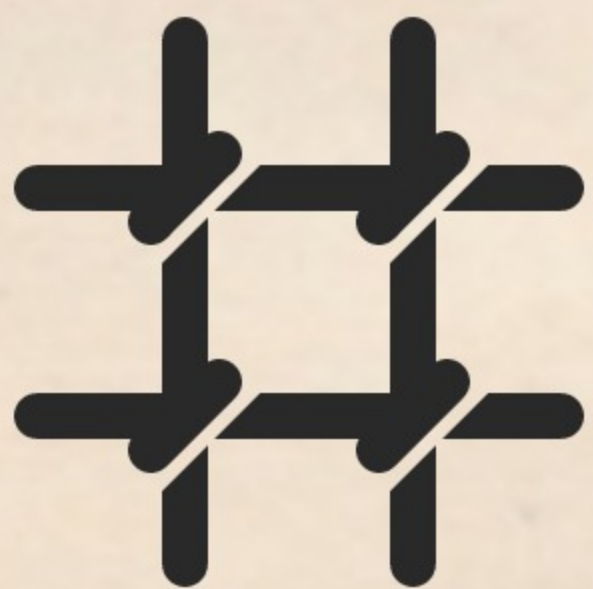
GUIDE TO RECOVERY SUPPORT SERVICES



ALTERNATIVE PEER GROUP (APG) - A community-based, family-centered, professionally staffed, positive peer support program that offers prosocial activities, counseling, and case-management for youth and young adults who struggle with substance use. The main focus is to offer and shape a new peer group that utilizes positive peer pressure to stay sober.



COLLEGIATE RECOVERY COMMUNITY - A supportive environment within the campus culture that reinforces the decision to disengage from addictive behavior. It is designed to provide an educational opportunity alongside recovery support to ensure that students do not have to sacrifice one for the other.



JAIL & PRISON BASED RECOVERY SUPPORT - Individuals in recovery bring recovery groups, coaching and other activities into facilities to assist incarcerated individuals with achieving and maintaining recovery and connecting with community-based recovery support upon release.



PEER RECOVERY COACHING - Non-clinical, peer-based activities that engage, educate and support an individual or family member to make life changes to be successful on their chosen pathway of recovery. Peer recovery coaches appropriately highlight their personal experience of lived experience of recovery while helping others.



MEDICATION ASSISTED RECOVERY SUPPORT - Peer-based recovery support groups, recovery coaching, training, education and advocacy activities designed for the unique recovery needs of individuals in medication assisted treatment.

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RECOVERY COMMUNITY CENTER - Recovery-oriented sanctuary anchored in the heart of the community. A physical location where the recovery community can organize. A hub for recovery and family support services. Services may include recovery coaching, life skills groups, employment, education and housing support.



RECOVERY HIGH SCHOOL - Secondary school designed specifically for students in recovery from substance use disorder or dependency. Although each school operates differently depending on available community resources and state standards, each recovery high school share common goals.



RECOVERY COMMUNITY ORGANIZATION - an independent, non-profit organization led and governed by representatives of local communities of recovery. These organizations organize recovery-focused policy advocacy activities, carry out recovery-focused community education and outreach programs, and/or provide peer-based recovery support services (P-BRSS).



RECOVERY RESIDENCE - A sober, safe, and healthy living environment that promotes recovery from alcohol and other drug use and associated problems. They offer peer-to-peer recovery support with some providing professionally delivered clinical services all aimed at promoting abstinence-based, long-term recovery.



TELEPHONE RECOVERY SUPPORT - Calls to people in recovery to “check in” to provide support and encouragement as well as information about community resources, recovery meetings or other supports that may help them maintain their recovery.