



ARIZONA TREATMENT CAPACITY SURVEY ANALYSIS

QUARTER ENDING March 2019

Introduction

Under the Arizona Opioid Epidemic Act of 2018, each facility that provides inpatient or outpatient substance use disorder treatment (SUDT) is required to submit a quarterly report to Arizona Department of Health Services (ADHS) that includes information regarding the number of days in the quarter that the facility was at capacity and unable to accept referrals for treatment. The purpose of the reporting is to identify gaps in care and unmet SUDT needs in the state. A survey was developed by ADHS Office of Injury Prevention using SurveyMonkey and distributed to all facilities licensed by ADHS on March 1, 2019. The survey remained open until April 26, 2019.

Methods and Response Rate:

A total of 282 facilities responded to the survey this quarter. The Governor's Office of Youth, Faith, and Family (GOYFF) treatment locator lists 1207 inpatient and outpatient treatment facilities in Arizona, giving an estimated response rate of 23%, lower than the previous quarterly survey response of 26%.

Limitations

The survey was distributed primarily through the Division of Licensing Services to reach licensed facilities, and through the Arizona Health Care Cost Containment System (AHCCCS). It is likely that it did not reach all providers of substance use disorder treatment in Arizona.

Key Findings:

- Only 18% of facilities accepted children 0-5 years old, 23% of facilities accept children 6-11 years old, and only 32% of facilities accept patients 12-17 years old.
- Eighty percent of respondents accept AHCCCS, 42% accept Medicare, 35% accept Tri-Care or other military insurance as payment, and only 15% accept IHS or 638 contract funds.
- Fifty-eight percent of facilities accept referrals from corrections, 63% accept referrals from adult probation, but only 37% accept referrals from juvenile/adolescent probation and 47% from Department of child Safety.

- At the time of the survey, facilities reported having 4,377 inpatient treatment beds, 3,610 of which were occupied (82.5%), a decrease from 90% in the previous quarter.
- Facilities reported 36,956 outpatient treatment places, 95% of which were occupied.
- In the three months prior to the survey, 93 people presented for inpatient care and 91 people presented for outpatient care, but were unable to receive services.
- Marana and Maricopa had facilities that were at capacity and unable to accept new patients for an average of more than 30 days in the quarter.
- Forty percent of respondents offered any type of medication assisted treatment (MAT) with Suboxone the most commonly offered (71%).
- Respondents indicated that they had a total of 308 MAT providers.
- Respondents indicated that there were 134 people interested in becoming waived MAT providers.
- Thirty-three percent of respondents offer peer support services.

Summary:

The greatest change from Quarter 4, 2018 to Quarter 1 2019 is the decrease in the number of people seeking care and unable to receive services (184 in the quarter ending March 2019 compared to 1,131 reported in the quarter ending December 2018). As the response rate is estimated at only 23%, caution should be used in generalizing the results to all substance abuse service providers in the state. ADHS will work with AHCCCS and GOYFF to improve methods for assessing capacity and increasing the response rate. Current survey results indicate unmet needs in Arizona may include lack of treatment availability for those under 18 years of age, limited acceptance of Medicare, military insurance, or IHS/638 contract funds, limited acceptance of referrals and programs for people being released from correctional facilities, and a shortage of both inpatient and outpatient treatment placements. Communities that had the highest number of days unable to accept new patients include Kingman, Marana, Maricopa, Flagstaff, Goodyear, and Wickenburg.

1. Respondents by county facility is contracted with*

County	Number of Responses	Percent of Total Respondents (N=282)
Apache	12	4%
Cochise	16	6%
Coconino	19	7%
Gila	21	7%
Graham	12	4%
Greenlee	6	2%
La Paz	8	3%
Maricopa	129	46%
Mohave	18	6%
Navajo	23	8%
Pima	59	21%
Pinal	35	12%
Santa Cruz	6	2%
Yavapai	16	6%
Yuma	20	7%
All Arizona Counties	55	20%

* Respondents could select multiple responses

Respondents by residence county of clients served*

County	Number of Responses	Percent of Total Respondents (N=282)
Apache	10	4%
Cochise	14	5%
Coconino	11	4%
Gila	19	7%
Graham	11	4%
Greenlee	5	2%
La Paz	5	2%
Maricopa	117	41%
Mohave	15	5%
Navajo	19	7%
Pima	52	18%
Pinal	40	14%
Santa Cruz	6	2%
Yavapai	15	5%
Yuma	18	6%
All Arizona Counties	81	29%

Respondents by city or town

Highlighted cities are outside of Maricopa, Pima, and Pinal Counties

City/Town	Total Respondents	Percent
Apache Junction	2	0.4%
Arizona City	1	0.7%
Avondale	1	0.4%
Benson	1	0.4%
Buckeye	1	0.4%
Bullhead City	1	0.4%
Casa Grande	7	0.4%
Cave Creek	1	0.4%
Chandler	6	2.5%
Cottonwood	2	0.4%
Eloy	1	2.2%
Flagstaff	1	0.7%
Fountain Hills	1	0.4%
Ft. Mohave	1	0.4%
Gilbert	4	0.4%
Glendale	8	0.4%
Goodyear	6	1.4%
Kingman	5	2.9%
Lakeside	1	2.2%
Laveen	1	1.8%
Marana	1	0.4%
Maricopa	2	0.4%
Mesa	15	0.4%
Nogales	1	0.7%
Page	4	5.4%
Parker	1	0.4%
Payson	1	1.4%
Peoria	5	0.4%
Phoenix	73	0.4%
Prescott	4	1.8%
Prescott Valley	4	26.2%
Sahuarita	1	1.4%
Scottsdale	13	1.4%
Show Low	2	0.4%
Sierra Vista	1	4.7%
Somerton	1	0.4%
St. Johns	1	0.4%
Sun City	2	0.4%

Surprise	2	0.4%
Tempe	17	0.4%
Tolleson	3	0.7%
Tucson	56	0.7%
Wickenburg	1	1.1%
Willcox	1	20.1%

* Only 275 respondents entered city.

2. Gender and Age of Population Served

	Number of Responses	Percent of Total Respondents (N=282)
Gender		
Male	9	3%
Female	10	4%
Co-ed	261	93%
Age		
Infant & Early Childhood (0-5)	50	18%
Children (6-11)	64	23%
Adolescents (12-17)	90	32%
Young Adults (18-25)	243	86%
Adults (26-64)	251	89%
Senior (65+)	226	80%

* Respondents could select multiple responses for ages served

3. Accepted Payment Methods

Service Type	Number of Responses	Percent of Total Respondents (N=282)
Cash/Self-Payment	214	76%
AHCCCS	226	80%
Medicare	119	42%
Military insurance (e.g. Tri-Care, CHAMPVA)	99	35%
Private health insurance	184	65%
Access to Recovery (ATR) voucher	5	2%
IHS/638 contract care funds	42	15%
Capitated	14	5%
Fee-for-service	139	49%
Sliding fee scale	87	31%
No fee	14	5%

* Respondents could select multiple responses

4. Who can Make Referrals for Services?

Referral Source	Number of Responses	Percent of Total Respondents (N=282)
Self-referred	240	85%
Family or Friend	211	75%
Employer	168	60%
Health plan/Insurance company	230	82%
Health Care Provider	240	85%
Behavioral Health Provider	235	83%
Hospital	214	76%
School	151	54%
Church	139	49%
Court	185	66%
Corrections	163	58%
Adult Probation	177	63%
Juvenile/Adolescent Probation	104	37%
Department of Child Safety	133	47%

* Respondents could select multiple responses

5. Does your facility have programs designed to serve any of the following populations?

Population	Number of Responses	Percent of Total Respondents (N=282)
Veterans	82	29%
Pregnant Women	79	28%
People with Children	74	26%
LGBTQ	86	30%
American Indian/Alaska Native	99	35%
Prisoner Re-entry	66	23%
People with Disabilities	88	31%
People who have experienced intimate partner/domestic violence	100	35%
Drug court/Pre-trial	98	35%
Dual diagnosis	173	61%

* Respondents could select multiple responses

6. What types of services are offered at your facility?

Services	Number of Responses	Percent of Total Respondents (N=282)
Substance Use Disorder Treatment	204	72%
Dual Diagnosis/Co-Occurring	165	59%
Intensive Outpatient Chemical Dependency Treatment	96	34%
Mental Health	155	55%
Trauma / PTSD	133	47%
Residential	82	29%
Day Treatment	33	12%
Detox	34	12%
Emergency Medical Services	10	4%
Self-help groups (AA/NA)	56	20%
Peer Support Services	92	33%
Recreational Therapy	31	11%
Occupational Therapy	23	8%
Assisted Living	10	4%
Skilled Nursing	12	4%
Crisis Services	39	14%

* Respondents could select multiple responses

7. What levels of care are offered at your facility?

Levels of Care	Number of Responses	Percent of Total Respondents (N=282)
Outpatient – Individual	174	62%
Outpatient – Group	142	50%
Intensive Outpatient Program	101	36%
Partial Hospitalization	35	12%
Sober and Transitional Living	28	10%
Group Home	36	13%
Inpatient	44	16%
Residential	79	28%
Day Treatment	31	11%
Detox	33	12%
Emergency Medical Services	6	2%
Self-help groups (AA/NA)	45	16%
Peer Support Services	75	27%
24 hour Crisis Services	27	10%

* Respondents could select multiple responses

8. What is the total number of inpatient beds available at your facility?

Measure	Count
Total places	4377
Average places/respondent	17
Median places	16
Minimum	1
Maximum	408

9. What is the current number of occupied inpatient beds at your facility?

Measure	Count
Total places	3610
Average places/respondent	14.2
Median places	15
Minimum	1
Maximum	400

10. What is the total number of outpatient treatment places, chairs, or openings available at your facility?

Measure	Count
Total places	36956
Average places/respondent	148.4
Median places	40
Minimum	1
Maximum	7000

11. What is the current number of occupied outpatient treatment places, chairs, or openings at your facility?

Measure	Count
Total places	35121
Average places/respondent	142.8
Median places	30
Minimum	1
Maximum	6800

12. Do you track individuals that present for care but are unable to receive service?

	Number of Respondents	Percent
Yes	86	34
No	105	41
Unknown	64	25
TOTAL	255	

13. (For those who track individuals who present for care but do not receive services) Within the last 3 months, how many individuals presented for care, but were unable to receive any inpatient services?

Measure	Count
Total individuals	93
Average individuals/respondent	8
Median individuals	6
Minimum	1
Maximum	28

**14. (For those who track individuals who present for care but do not receive services)
Within the last 3 months, how many individuals presented for care, but were unable to receive any outpatient services?**

Measure	Count
Total individuals	91
Average individuals/respondent	13
Median individuals	3
Minimum	1
Maximum	60

Average number of days in past quarter facility was at capacity and unable to accept new patients by city/town

Highlighted cities are outside of Maricopa, Pima, and Pinal Counties

City/Town	Total Respondents	Average Days
Apache Junction	2	0
Arizona City	1	0
Avondale	1	0
Benson	1	0
Buckeye	1	0
Bullhead City	1	0
Casa Grande	7	0
Cave Creek	1	0
Chandler	6	0
Cottonwood	2	0
Eloy	1	6
Flagstaff	1	15
Fountain Hills	1	0
Ft. Mohave	1	0
Gilbert	4	0
Glendale	8	0
Goodyear	6	13
Kingman	5	28
Lakeside	1	0
Laveen	1	0
Marana	1	30
Maricopa	2	32
Mesa	15	0.8

Nogales	1	0
Page	4	1
Parker	1	0
Payson	1	0
Peoria	5	0
Phoenix	73	0
Prescott	4	6
Prescott Valley	4	5
Sahuarita	1	0
Scottsdale	13	1
Show Low	2	0
Sierra Vista	1	2
Somerton	1	0
St. Johns	1	0
Sun City	2	0
Surprise	2	0
Tempe	17	0
Tolleson	3	0
Tucson	56	7
Wickenburg	1	13
Willcox	1	8

15. Do you have a waitlist for inpatient services?

	Number of Respondents	Percent
Yes	18	7.2
No	232	92.8
TOTAL	250	

16. Do you have a waitlist for outpatient services?

	Number of Respondents	Percent
Yes	22	8.6
No	233	91
TOTAL	255	

17. How many days in the past quarter was your facility at capacity and unable to accept new patients?

Measure	Count
Average days/respondent	5.2
Median days	25.5
Minimum	1
Maximum	90

18. Within the last 3 months, what is the total number of individuals on the waitlist?

Measure	Count
Total individuals	70
Average individuals/respondent	7
Median individuals	6
Minimum	0
Maximum	14

19. How many individuals from the total 3-month waitlist were provided referrals to other services while waiting?

Measure	Count
Total individuals	43
Average individuals/respondent	1.9
Median individuals	4
Minimum	0
Maximum	12

14. Does your facility offer medication-assisted treatment (MAT)?

	Number of Respondents	Percent
Yes	100	40
No	152	60
TOTAL	252	

15. What types of medication assisted treatment (MAT) does your facility offer?

	Number of Responses	Percent of MAT facilities (N=100)
Methadone	25	25%
Suboxone	70	70%
Buprenorphine	59	59%
Vivitrol	51	51%

* Respondents could select multiple responses

16. What is the number of waived medication-assisted treatment (MAT) providers at your facility?

Measure	Count
Total providers	308
Average providers/respondent	3.4
Median providers	3
Minimum	0
Maximum	39

17. What is the number of providers at your facility with an interest in becoming waived medication-assisted treatment (MAT) providers?

Measure	Count
Total providers	134
Average providers/respondent	0.6
Median providers	0
Minimum	0
Maximum	10